



AAHE At-A-Glance

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Hello CJHP Readers!

In this issue of AAHE At-A-Glance, I have included updates on the AAHE-sponsored Web-Based Courses.

SPONSORS WEB-BASED COURSES

www.HEPnetwork.org

The Health Education and Promotion Network (HEP Network) began offering web-based instructional courses in health education and promotion in January 2005. The courses are currently offered as **graduate credit** offered through various colleges and universities. In addition several of the courses will be cross-listed as **undergraduate courses** by some universities.

At a future date these courses will also be offered for **professional development (CEU) credits leading** in two formats:

- Qualified professional development for teacher certification
- Category I credit for Certified Health Education Specialists

Six courses are anticipated to be on-line in the summer of 2005. Descriptions of the courses are below:

- **Foundations of Health Education –**
Introduces the learner to concepts fundamental to Health Education and to a larger extent, health promotion. Contemporary health education philosophy, *Healthy People 2010*: Health Objectives for the Nation, the Certified Health Education Specialist Process, and Ethical Issues in Health, etc. will be discussed. **(Currently Available)**
- **Health Behavior: Theory and Program Planning –**

A study of determinants of health behavior, factors influencing health behavior, health behavior theories and application methodology are examined. Contemporary models to plan health education programs will also be discussed. **(Currently Available)**

- **Health Education Curriculum and Instruction** – Provides teachers with the competencies and knowledge needed to teach school health education. An examination of the school health program, national health education curricula, National Health Education Standards, and pedagogy and teaching resources in health education form the focus of the course.
- **Health Education in the Elementary Schools** – Provides elementary teachers with skills and knowledge necessary to work in the area of school health education at the elementary level. The focus of the course is on the relationship between elementary education and health education and on current issues and content in elementary school health education within coordinated school health programs.
- **Health Education in the Secondary Schools** – Prepares teachers with skills and knowledge necessary to work in the area of school health education at the middle school and secondary level. The course will focus on the coordinated school health program, national health education curricula, National Health Education Standards, pedagogy and assessment methodology across content areas, as well as teaching resources.
- **Drug Education and Prevention** – Provides an overview of the major drugs of abuse and their effects on the body as well as the biological, sociological, psychological, and legal issues associated with drug use and abuse in our culture. An emphasis will be given to effective educational approaches and prevention programs that address the problems of use and abuse. (available summer 2005)

The **HEP Network** has resulted from collaboration between the American Association for Health Education (AAHE) and the Foundation for the Advancement of Health Education (FAHE). Expert Health Data Systems, Inc will support the instructional technology being used for these courses and staff in the Department of Health and Kinesiology at Texas A&M University is providing administrative services.

The **HEP Network** will allow universities that have health education faculty to expand their offerings, and those which do not have health education faculty to fill that void through the use of courses on the **HEP Network**. Although a number of the first courses on the HEP Network are focused on school health education, it is anticipated that a number of courses and/or certificate programs will be added during the next few years.

Expansion of the **HEP Network** will be on going in several ways:

1. New University partners will be added.
2. New courses will be added.
3. Non-university credit continuing education opportunities will be added.

Further information is available on:

1. How universities can offer the **HEP Network** courses at your university
2. State-wide agreements with State Departments of Education
3. New courses or certificate proposals

Please contact: **James Eddy** HEPNetwork Administrator at jimeddy@hepnetwork.org or 1-979-458-2217 or **Becky Smith**, Executive Director, AAHE at bsmith@hepnetwork.org or (1-800-213-7193, Ext 441).

Thank you for reading.

For more information about AAHE, please go to this website --

<http://www.aahperd.org/aahe>

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